



Annual Report

2010-2011



2010-2011

Moving, Growing, Innovating

When I look back over the year I am amazed how the Board and staff effectively and efficiently managed the many changes that occurred and provided us with opportunity after opportunity. Following are a few highlights during 2010-2011.

September 2010 Programs increased in number from 103 to 122. Over 80 Program Coordinators attended the Food and Funds Forum at the new Waterloo Region Museum where they networked, visited food vendors: Martin's Apples, Gramma Garret's, and Canada Bread, and investigated ways to increase funding at the program level.

November 2010 Nutrition for Learning moved into new facilities donated by BLM Transportation Group. With a spacious office to organize our efforts and a warehouse that stores hundreds of pounds of food, we reached more children, more often



throughout Waterloo Region. With a donation of a walk-in freezer by Tim Hortons and a van donated by Heffner Toyota, we were able to immediately deliver nutritious food directly to the programs.

January 2011 Waterloo Region District School Board established an Ad Hoc Committee re Strategies to Support School Nutrition Programs. A new policy was written and accepted by the WRDSB Board of Trustees and a Student Nutrition Steering Committee was formed.

March 2011 We embarked on the first Live Free Campaign and raised over \$21,000. 18 programs participated and were creative in their approach to the fundraising campaign.

April 2011 Over 220 attended the April 2011 Gala and raised over \$30,000 for Nutrition for Learning. We also welcomed the new Ontario Ministry of Children and Youth Services Lead Agency – YMCA of Kitchener Waterloo.

June 2011 Attendance at the Volunteer and Donor Appreciation Luncheons in Cambridge and Kitchener-Waterloo increased to over 225. 5 and 10 year volunteers were recognized and special recognition was given to retiring volunteers who had served over 5 years.

August 2011 The Nutrition FORE Learning Golf Tournament at Rebel Creek was a very successful event. 96 golfers had a wonderful day in the sun raising funds for a worthy cause.

This year we were able to build greater awareness and visibility of the organization and our mission. Additional staff joined the organization and more funds were generated than ever before in support of the children we serve throughout our community. Over 600 adult and 250 student volunteers gave their time and effort and we are extremely grateful for their commitment.

Kelly-Sue Labus
Executive Director

Board of Directors 2010/2011

Executive Committee

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Jane Black - Vice President
Greg Murdoch - Past President
Lois Peterson - Secretary
Harvey Taylor - Treasurer

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Marc Lehmann
Margaret Ann Munoz
Paul Tratnyek
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Saul Ross
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Our Staff

<i>Kelly-Sue Labus</i>	<i>Executive Director</i>
<i>Brian Banks</i>	<i>Community Development Officer</i>
<i>Debbie Moxam</i>	<i>Sr. Program Support, Development & Volunteer Officer</i>
<i>Julie Stirling</i>	<i>Program Support and Development Officer</i>
<i>Steve Voisin</i>	<i>Warehouse Support</i>



Student Nutrition Programs in Waterloo Region

“It’s hard to learn on an empty stomach”

Each day, one in ten children arrive at school without breakfast or lunch to sustain them an entire school day in 2010/2011. Nutrition for Learning provides breakfast and lunch programs to children aged 5 through 18 years throughout the Region of Waterloo to over 9,000 children and youth each day.

Nutrition for Learning is committed to ensuring that all children, regardless of socioeconomic backgrounds, are provided with nutritious food vital to their physical and emotional development. Nutrition programs are unique, reflecting each school community.

We are a community run organization with over 600 adult and 250 student volunteers supporting the mission to enhance the ability to learn by insuring that each student attends school well nourished



“Our Programs”

Nutrition for Learning supports a safe and stable environment for children to establish a sense of belonging and relationships with caring volunteers. This impacts self confident, social relationships with other children, behavior in the classroom and academic performance.

We encourage universal inclusion, regardless of a child’s ability to pay and our programs are designed to ensure high nutritional quality through adherence to the Canada’s Food Guide. All programs meet health and safety standards with their facilities and food handling procedures.

Breakfast Programs

- Serves 3 of 4 food groups
- Breakfast occurs before the school day begins

Morning Meal Program

- Serves 3 of 4 food groups in a bin, bag or basket
- Morning Meal occurs during the school day

Lunch Program

- Serves 3 of 4 food groups at mid day

Voucher Program

- Run in high school cafeterias
- Meal cards are distributed to identified, at risk youth

Healthy Basket/Bin Program

- Serves at least 2 food groups
- Stationed or classroom baskets/bins are provided with non-perishable items

Healthy Snack

- Serves at least 2 food groups
- Trays or bins are sent to each classroom for all students’ consumption

Nutrition Program Sites

Alison Park Public School
Alpine Public School
Alternative Program (Cambridge)
AR Kaufman Public School
Avenue Road Public School
Bethany Missionary Church/Suddaby Public School
Blair Road Public School
Blessed Sacrament School
Bluevale Collegiate Institute
Calvin Presbyterian Church/Forest Hills Public School
Cameron Heights Collegiate
Cedarbrae Public School
Centennial Public School
Central Public School
Choices for Youth
Christ The King Catholic School
Country Hills Public School
Crestview Public School
Dickson Public School
Driftwood Park Public School
Eastwood Collegiate Institute
E'cole L'Harmonie
Elgin St Public School
Elmira District Secondary School
Floradale Public School
Forest Heights Collegiate Institute
Franklin Public School
Galt Collegiate Institute
Glencairn Public School
Glenview Park Secondary School
Grand River Collegiate
Grand View Public School
Hespeler Public School
Highland Baptist - JF Carmichael
Highland Public School
Hillcrest Public School
Howard Robertson School
Huron Heights Secondary School
Jacob Hespeler Secondary School
John Mahood Public School
Keatsway Public School
Kinbridge Comm - Chalmers Public School
Kinbridge Comm - Southwood Resource Centre
Kinbridge Comm - Stewart Ave Public School
King Edward Public School
Kitchener-Waterloo Collegiate Institute
Knox Presbyterian/Preston Public School
Langs Farm Village Assn
Langs Farm Village Assn - 7th Inning Program
Laurentian Senior Public School
Lincoln Avenue Public School
Lincoln Heights Public School
MacGregor Senior Public School
Manchester Public School
Margaret Ave Public School
Monsignor Doyle C.S.S.
Monsignor Haller School
Monsignor W. Gleason

Mosiac - Pathways - Kingsdale
Mosiac - Pathways - Mowat
New Dawn
Parkway Public School
Pine Grove (Bridges North)
Pioneer Park Public School
Popcorn House
Popcorn House/Centennial Public School
Preston High School
Queen Elizabeth Public School
Queensmount Senior Public School
Resurrection Catholic Secondary School
Riverside Public School
Rockway Public School
Sir John A MacDonald Secondary School
Smithson Public School
Southwood Secondary School
St. Agnes School
St. Aloysius School
St. Ambrose School
St. Andrews Public School
St. Anne School - Cambridge
St. Anne School - Kitchener
St. Benedict Secondary School
St. Bernadette School
St. Daniel School
St. David Catholic Secondary School
St. Don Bosco
St. Francis School
St. Gregory School
St. John School
St. Joseph Catholic School
St. Luke's Church/Franklin Public School
St. Mary's High School
St. Peter's Catholic School
St. Teresa School-Elmira
St. Teresa School-Kitchener
St. Timothy School
Sunnyside Public School
Trillium Public School
U-Turn Program Cambridge
U-Turn Program Waterloo
Waterloo Collegiate Institute
Waterloo Oxford District Secondary School
William G. Davis Public School
Wilson Avenue Public School
Winston Churchill Public School



Thank You Volunteers!

In a world that can be selfish and indifferent, why do some people give their hearts, their minds, their tears, their patience, their advantages, their experience, their compassion, strength and laughter, their shoulder and most all their precious time?

There is probably no area of volunteerism that asks more of an individual than volunteering with a Student Nutrition Program, yet, there is probably no area in volunteerism that gives as much back to the volunteer as well.

Nutrition for Learning volunteers offer a priceless contribution to the happiness of our children and youth, and in watching them develop into vibrant and contributing citizens, all while knowing that they played their part in making a life better.

Thank you to all of our volunteers!

**You are an inspiration to all of us
at Nutrition for Learning**

Number of Volunteers:	over 600
Number of Volunteer Hours:	over 40,000
Number of Programs:	127



Corporate Financial Supporters

Adkins Financial
BLM Group Inc. (the)
BMO Bank of Montreal
Breakfast Clubs of Canada
Breakfast For Learning
Cambridge & North Dumfries Community Foundation
Canadian Maple Wings Association
Canadian Tire (Erb @ Ira Needles)
Catholic Community Foundation of Waterloo Region
Catholic Womens League
Charitable Gift Funds Canada Foundation (the)
Church of Jesus Christ of Latter Day Saints
Columbia Auto Service
Community Services for Charity of Canada
Conestoga Electric Inc.
Curves -Greenbrook
Eastern Canada Farm Writers Association
Eldorado Plywood Specialties Inc.
Elmira Maple Syrup Festival
Elmwood Contracting
Energy +
Fidelity Investments/ Dennis Cooper
Flanagan Food Service
Food Bank of Waterloo Region
From Farm to Table Canada Inc.
Future Waste Management
Gramma Garretts Inc.
Henry Walser Funeral Home LTD.
HomeEquity Bank
Kavelman-Fonn Foundation
The Kitchener and Waterloo Community Foundation - Brenda and Peter Hallman Family Fund
The Kitchener and Waterloo Community Foundation - France-Anne Sweeny Making a Difference Fund
The Kitchener and Waterloo Community Foundation - Spinnaker Fund
The Kitchener and Waterloo Community Foundation - The "50+" Club Fund
The Kitchener and Waterloo Community Foundation - The Jim and Sue Hallman Fund
Kitchener-Waterloo YMCA
Kiwanis Club Elmira
Manulife Financial
Martin's Family Fruit Farm



Corporate Financial Supporters

MCAP
Minute Man Press
Morty's Pub
Ontario English Catholic Teachers Association Waterloo
Ontario Ministry of Children and Youth Services
Ontario Trillium Foundation
Optimist Club of Kitchener West
OTIP RAEO
Peter Benninger Coldwell Banker Realty
Preston Chapter IODE
Quarry Integrated Communication Inc.
RBC Foundation
RBC Royal Bank of Canada
Record Community Partnerships (the)
Regional Mechanical
Research In Motion
Ritebite Orthodontics
Roberts Onsite
Rotary Club of Kitchener- Grand River
Rotary Club of Cambridge -Sunrise
Simon McWhinnie- Riediger & Meredith LLP
Sorbara Law
SPARKS Symposium
St. Jacobs Country Inn
St. Johns Ambulance
St. Johns Lutheran Church
Stantec Consulting
Sunlife
System Solutions
TD Bank
Tim Hortons
Too Nice To Slice
Toskan Casale Foundation
Town Line Food
Toyota Motor Manufacturing Canada
Trillium United Church
Trinity Anglican Church
United Way Toronto
Waterloo Inn and Conference Centre
Waterloo County Teachers Choir
Waterloo OECTA
Waterloo Region Occasional Teachers Local
Winmar
Zehr Group (the)



Individual Financial Supporters

Adam Scott	Diane De Coene	Janie Stravs	Lionel Patrick	Rob Quarry
Aida Neves	Diane Prokop	Jankowski	Ljubomir Arezina	Robert Falla
Aileen Isaac	Diane Williamson/Steve	Jared Sommers	Loganbill	Robert Steel
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D Luke	J McDougall	Laura Hodgins	Patricia Jankowski	
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Danielle Courtemanche	James McConnell	Laura Shoemaker	Paul Tratnyek	
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Darlene St. John	Jane Hennig	Leslie Montgomery	Paul Tratnyek	
David Brown	Janet/Hank Sonnenberg	Lila Read	Randy Burt	
David Mota		Lilia Krivodonova	Renee Sauder	
David Walsh		Linda Zensner	Rob Duff	

Funding at a glance



Revenue	2,011	2,010
Fundraising	93,151	56,128
Donations	140,686	92,908
Ministry of Youth and Children's Services	480,716	448,500
RBC Foundation	26,100	26,000
Research in Motion	18,509	16,450
Catholic Community Foundation of Waterloo Region	10,000	10,000
Kavelman-Fonn Foundation	35,500	39,500
Ontario Trillium Foundation	56,200	0
Other foundations	10,640	0
Interest and other income	2,081	831
	<u>\$873,583</u>	<u>\$690,317</u>
Expenses		
Wages and benefits	243,673	206,328
Allocated to nutrition program costs	-119,381	-99,056
Net wages and benefits - administration	124,292	107,272
Office and administration	40,970	40,015
Occupancy	25,688	0
Auditing and accounting fees	8,706	7,273
Nutrition program costs	618,794	516,677
Insurance	3,173	3,094
Interest and bank charges	2,040	3,650
Fundraising	8,773	0
Amortization	5,127	4,559
	<u>\$837,563</u>	<u>\$682,540</u>
Excess of revenues over expenses	\$36,020	\$7,777
Net Assets at beginning of year	<u>\$54,141</u>	<u>\$46,364</u>
Net assets at end of year	<u>\$90,161</u>	<u>\$54,141</u>

Food Donations 2011

Donor	Value	Programs Supported	Items
Food Bank of Waterloo Region	\$5,060	71	Cookies, Shreddies, Jams, Condiments, Baking Supplies
Tim Hortons	\$1,022	18 (Cambridge)	Juice
The Church of Jesus Christ of Latter Day Saints	\$1,000	42	Soups, Tuna, Fruit, Condiments, Pancake Mix, Cereal, Eggs, Cheese & Canned Fruit
The BLM Transportation Group	\$5,000	42	Soups, Baking Supplies, Snacks, Canned Vegetables and Fruits, Pasta, Condiments, Juice, Potatoes
Breakfast Clubs of Canada	\$715	9	Minute Maid Juice: 100% Orange Juice
Curves – Third Party Event	\$700	8	Condiments, Baking Supplies, Cereal, Detergent

